

**COMPLAINTS PROCESSING INFORMATION FOR EMPLOYEES AND APPLICANTS THAT DO NOT HAVE ACCESS TO SSA's NETWORK**

You may view an incident or action taken by management as discriminatory. Before filing a complaint of discrimination, however, you must seek timely EEO counseling. That is, you must seek counseling within 45 calendar days from the date of the alleged offending decision, event or act; or within 45 days of the offending personnel action; or within 45 days after you first became aware of the alleged offense. SSA employees without remote access to the agency network and applicants for SSA employment may initiate EEO counseling or file a formal EEO complaint electronically.

To initiate counseling or file a formal EEO complaint, you must contact the appropriate headquarters or regional contact from the list below within 45 days of the date of the alleged discriminatory incidence.

<b>Contact List</b>	
<b>HEADQUARTERS/OFFICE OF HEARINGS OPERATIONS</b>	<a href="mailto:OCREO.EEO.COUNSELING@SSA.GOV">OCREO.EEO.COUNSELING@SSA.GOV</a>
<b>Region 1 Boston</b>	<a href="mailto:BOS.CREO@ssa.gov">BOS.CREO@ssa.gov</a>
<b>Region 2 - New York</b>	<a href="mailto:NY.CREO@ssa.gov">NY.CREO@ssa.gov</a>
<b>Region 3 Philadelphia</b>	<a href="mailto:PHI.ORB.CREO@ssa.gov">PHI.ORB.CREO@ssa.gov</a>
<b>Region 4 Atlanta</b>	<a href="mailto:ATL.ORB.CREO@ssa.gov">ATL.ORB.CREO@ssa.gov</a>
<b>Region 5 Chicago</b>	<a href="mailto:CHI.CREOS@ssa.gov">CHI.CREOS@ssa.gov</a>
<b>Region 6 Dallas</b>	<a href="mailto:DA.CREO@ssa.gov">DA.CREO@ssa.gov</a>
<b>Region 7 Kansas City</b>	<a href="mailto:KC.CREOM@ssa.gov">KC.CREOM@ssa.gov</a>
<b>Region 8 Denver</b>	<a href="mailto:DEN.ORB.CREO@ssa.gov">DEN.ORB.CREO@ssa.gov</a>
<b>Region 9 San Francisco</b>	<a href="mailto:SF.CREO.Manager@ssa.gov">SF.CREO.Manager@ssa.gov</a>
<b>Region 10 Seattle</b>	<a href="mailto:SEA.ORB.CREO@ssa.gov">SEA.ORB.CREO@ssa.gov</a>
<b>Office of Central Operations (OCO)</b>	<a href="mailto:OCO.CREO@ssa.gov">OCO.CREO@ssa.gov</a>

For general questions about using the EEO complaints process, please contact [EEO.Inquiries@ssa.gov](mailto:EEO.Inquiries@ssa.gov). For regional inquiries, use the information above to contact the appropriate regional office.